

"Team Foundations and Building"

As most Team building trainings only focus on the "building", they sometimes build a team on a weak foundation of bad communication abilities and lack of self knowledge. Teams need to be built on a solid and strong foundation of "Free Flowing Information", "Trust" and "Understanding of Self and Other".

In the seminar the team will learn how to:

- Understand each team member's world from the other's perspective.
- Comfortably bring up potentially difficult points in meetings.
- Understand each other's strengths and weaknesses.
- Gain a large perspective on the team through a story telling process.
- Create a flexible and creative atmosphere through role playing.
- Give both positive and critical feedback that will lead to more effective results.



The training will be divided into two parts, the first will be **Team Foundations** which will focus on internal beliefs within people and communication skills, with a special focus on handling "difficult" conversations with ease and tact, so that all parties will end up with a Win/Win situation. This leads to the free flowing information which leads to "Trust", when each member of the team knows that everyone is looking for Win/Win solutions.

The second part of the Seminar, **Team Building**, will focus on getting the participants to work together using the skills they learned in the first half of the seminar. The project that they will be working on is shooting a short movie together, each using their own particular skills, and using a script that will be put together using elements of each person's life story. Sharing information is as much a transaction between people as exchanging goods is. Therefore it is very important for people to open up the flow of information between them on a personal level. This leads to one of the most important elements of a Team, which is Understanding.

We all love stories and the most important element of every story is successfully resolved conflict. Conflict of many types is a very important and a mostly underestimated element of team work. If people can't express their ideas they tend to become frustrated and disillusioned. However, if people can communicate their ideas, they feel a part of the team, even if the idea is not taken on board in the end. It's the respect of being heard that is important.



Each person will also get a copy of the movie at the end to remind them of the successful work they did together.

John Paul Walsh • Rosenheimerstr. 70 • 81669 München

www.MetalInfluence.com • Email: info@MetalInfluence.com • Tel: +49 (0) 89 97348092 • Mob: +49 (0) 163 9102022